

September 22 | Sunday

Prayer is Air: Not Magic

Read [2 Corinthians 1:8-11](#)



23 | Mon – Breathe | Read [Luke 6:12 and 9:16, 28 and 11:1](#)

Prayer is to the life of a Christ-follower what air is to the physical body - life-giving, essential, empowering. It is neither self-help nor is there a magic formula that guarantees you will always receive what you ask for. Instead, prayer is a way of communicating with Someone whom you cannot see but still love and trust. Jesus showed us what it looks like to pray as naturally as you breathe. How could you make prayer a more integral part of your life?

24 | Tue – What kind of God do you pray to? | Read [Matthew 7:7-11](#)

Some people believe that receiving positive answers from God is based on how frequent or vigorously they pray. Is this always true? Often prayer is focused on a need or a problem instead of who God is. Your view of God's character will deeply affect the way you pray. If you view God as a stern judge who needs to be persuaded, you may pray like a lawyer presenting his case to gain a favorable ruling. Yet, if you see Him as a Father, do you pray differently?

25 | Wed – Total understanding | Read [Isaiah 40:13-14 and 27-28](#)

One important fact about your God is His omniscience. He knows and understands everything completely. When you pray about something that concerns you, it is helpful to recognize you have partial information. The answers you ask for might be second best. The God, who created you and loves you as His child, will *always* give the best possible answer. How might this understanding impact the level of your trust as you wait?

26 | Thurs – Extreme power | Read [Isaiah 40:12 and 21-26](#)

God is all-powerful [omnipotent] and there is nothing He cannot do. When answers to your prayers are delayed, do you ever wonder if the problem or needs are impossible for even God to resolve? As you read the verses above, try to wrap your mind around the incredible power your God has at His disposal. Will you let that perspective shape the way you pray?

27 | Fri – Everywhere always | Read [Psalm 139:7-12](#)

God is everywhere at the same time [omnipresent]. That means God knows every thought, hears every word, and sees every action. He understands it all so you will not be condemned or misunderstood. It also means that God is also with those you pray for. God sees the future, knows what each person or situation needs and has the power to accomplish it. Does it increase your confidence, knowing God is here and He is also there?

28 | Sat – Truly and complete good | Read [Psalm 100:3 and 103:8-14](#)

God is good. That simple statement, properly understood, is life-changing. You live in a world where even 'good' people can sometimes be self-centered or do hurtful things. But God is the epitome of goodness. When human kindness is measured by the perfect standard of God's goodness, it pales in comparison. Even when life is unfair and tragedies abound, you can trust God to *always* do the best possible thing in every situation. How do you handle the intruding thoughts that claim God is not good and cannot be fully trusted?