

April 8 | Sunday
A Matter of Trust
Read [Ephesians 4:17-25](#)



09 | Mon – Trust defined | Read [Proverbs 3:5-8](#) and [Isaiah 30:15a](#)

Trust is defined as “a firm belief in the reliability, truth, ability, strength of someone or something.” Trust is an essential element of any relationship; without it relationships die. Who is your most trusted friend? Why do you trust that person? Would you say you trust God? What makes Him trustworthy in your opinion?

10 | Tue – Lies | Read [Ephesians 4:25](#)

Why does a person lie? As a child, maybe you lied to keep yourself out of trouble. Or maybe you lied to get something you thought you couldn't get any other way. Trust is not static; it is either growing or diminishing. Every statement will either prove or disprove that a person can be trusted. Do you think there are times it is acceptable to tell a lie? Why or why not?

11 | Wed – Speaking truthfully | Read [Ephesians 4:14-15](#)

Knowing that a person will always be honest helps your trust in them to grow. But do you know someone who tells the truth but because of the way they speak, it is hard to accept? We are charged to speak the truth in a loving way. Isn't it easier to hear what a person is saying when you know they truly care about you? What is your motivation when you have to tell someone something they would rather not hear?

12 | Thu – Promises, promises | Read [Hosea 10:4](#) / [Nehemiah 5:12-13](#) / [1 Kings 8:56](#)

Keeping promises is another important way to build trust in a relationship. Consistently following through on a promise is the true test of a person's reliability. Do you know someone who means well but often does not do what they say they'll do? How does that affect your relationship with them? Is keeping promises a strength in your life or is it an area where you might need to grow?

13 | Fri – Can God be trusted? | Read [Psalm 145:13-21](#) / [John 16:33](#) / [Rev. 21:1-5](#)

This question is one that many people wrestle with because of disappointments or tragedies they have experienced. Where was God when...? These verses point us back to God's promises. Did God say we would *not* experience suffering, unfair treatment, tragedy in this life? Or did God promise that we wouldn't have to go through them alone? What promises do you hold onto in difficult times?

14 | Sat – What about us? | Read [Proverbs 12:22](#) and [1 Timothy 1:12](#)

It is easy to ask if God can be trusted but turn that question around. Can God trust you? The greatest gift one can receive has been given to us - a new life, a fresh start, a clean slate. But this gift is not for us alone; it was given for us to pass along. Jesus came as a living example to a world that questions God's character and goodness. Then he passed the baton to us. Will we live in such a way that people can see who God is? Or will we give them more reasons to disbelieve His good heart? Are you up for the challenge? (P.S. You don't have to do this in your own strength...see John 15:5, 11-12)