

**November 06 | Sunday**  
**Reframing the Good Life**

Read [Ecclesiastes 2:1-11](#)



**07 | Mon – End view** | Read [John 12:23-27](#)

It was just after Palm Sunday when Jesus had been welcomed into the city of Jerusalem like a conquering king, and now He is talking about dying? Curious words... *anyone who loves their life will lose it, and a seed must die before it can produce anything.* Yet Jesus was clear about his purpose and he did not shrink back. He saw beyond the pain and sacrifice of the cross to the joy on the other side of it. Jesus had a very different view of what the good life is, didn't he!

**08 | Tue – Characteristics of the good life** | Read [Matthew 5:3-12](#)

The word *blessed* is an Aramaic phrase - sometimes translated as *happy* - which carries the idea of a gift from God, a joy that does not rely on circumstances. Jesus does not promise success, wealth, or a long and trouble-free life. Instead, he has wonderful news for the humble, the hungry, the poor, those who mourn, and the persecuted - they will be filled, comforted, shown mercy, given an inheritance, and will see God face to face. Which of these do you need today to live a good life?

**09 | Wed – Will you finish like Abraham?** | Read [Genesis 15:1, 5-6, 13-15 and 25:8](#)

The Lord made some big promises to Abraham. And Abraham *did* live a good long life. We might be tempted to think it was described as a good life because everything worked out well for him. But did it? Abraham was promised a land to call home but he died a nomad. He was promised that his descendants would become a great nation but he did not live to see it. The key to Abraham's good life is found in Gen. 15:6. What an example for us!

**10 | Thu – Who is your guide to the good life?** | Read [Galatians 5:16-26](#)

Paul draws a contrast between good life and bad life. What makes the difference? Paul repeats it in verses 16, 18, and 25. It is not accomplished by gritting your teeth and using every ounce of willpower you possess but it is who you decide to follow...your own ideas or the Holy Spirit who knows all things and was sent to be your personal advisor.

**11 | Fri – Trouble free?** | Read [Acts 20:17-24](#)

Living the good life does not mean it is trouble-free. Look at Paul's life. Here he reveals that the Holy Spirit warned him about the hardships ahead. Did that deter Paul? No! Absolutely not. And he tells us why in verse 24. Do you have a clear view of God's purpose for your life? When you do, difficulties might slow you down but they will not stop you. Take heart when trouble comes.

**12 | Sat – Rx for the Good Life** | Read [Philippians 4:4-8](#)

From a Roman prison cell, the apostle Paul gives radiant witness to the quality of life God offers us. As we hand over our anxieties in prayer, God's peace, purity and contentment can flow in and through us, no matter what our situation. Trust is a spiritual muscle that needs to be exercised frequently. It can be very difficult to trust God at times but the results are truly life-changing!