

July 03 | Sunday
God's Sovereignty - Read Psalm 139



04 | Mon – Known | Read [Psalm 139:1--6](#)

Sometimes God seems very distant and there are days when you might wonder if He even knows who you are. But today's verses clearly show that He has searched you and knows you very well...your thoughts, your ways, even the words before they reach your tongue. He is in front of you, behind you and His hand is upon you. Whenever you feel lonely, think about the truth that the Lord knows you better than your closest friend does.

05 | Tue – Runaway | Read [Psalm 139:7-10](#)

Understanding how well God knows you can be comforting but can also bring a little fear, especially when you wish He didn't know about the secrets you carry. Ever try to run away from Him? Not only does He know it, but He is there to greet you when you get to your hideout. Not because He is trying to force you into a relationship with Him. He just wants you to know that His love never stops, no matter what you might have done.

06 | Wed – Night Vision | Read [Psalm 139:11-12](#)

At some point, we all feel like we are walking in the dark. Life gets hard, injustice knocks us down, and it can be hard to see the light at the end of the tunnel. Does it help to know that the the dark is not 'dark' to the Lord? He has the ultimate night vision and can see what you cannot. Take courage in the truth that He is at work on your behalf, even when you can't see any further than the end of your nose.

07 | Thu – The End of Days | Read [Psalm 139:13-16](#)

Have you experienced the death of someone you dearly love through tragedy or illness or accident? Does it seem their life was cut short, that they died too young? These verses tell us that every day of our lives was ordained before we were even born. Could it be said that no one dies one second before their time? If God is sovereign (all knowing and all powerful), can you trust His purposes to be fulfilled whether you live long or short?

08 | Fri – Thought Provoking | Read [Psalm 139:17-18; Isaiah 55:8-9](#)

How does it feel to know that God thinks about you...a lot? He thinks differently than you do, probably because He is God. In Isaiah 55, God says His thoughts and His ways are not like yours; they are higher because He knows and understands EVERYTHING. What precious thoughts might He be thinking about you today? You can find some of them written in His book.

09 | Sat – New Directions | Read [Psalm 139:22-24](#)

This psalm began by acknowledging that the Lord has searched us and knows us well. It ends here with a prayer, asking Him to search our hearts and reveal anxious thoughts or offensive ways. When you invite the Holy Spirit to work in you this way, change happens. You begin to live differently. Are you brave enough to give Him this kind of freedom?

July 10 | Sun – For God & Country



Hastings United Methodist Church